

(Bhutan Tour)

Duration: 8 days Included features

- Accommodations: Twin sharing occupancy in some of the best accommodation available in each location.
- All tours, transfers, special excursions, entry fees, government taxes and visa fees.
- Local English speaking guide
- Meals as shown in the itinerary. Meals will be of the best quality with a variety of Western and Indian dishes. Most breakfasts are at the hotels. Vegetarians can be accommodated.
- Tea, coffees
- Bottled water in the vehicles
- Visas on arrival in Bhutan
- Airport departure taxes
- Sightseeing

Excluded features

Any expenses of a personal nature including:

- Laundry services, Phone call, fax, emails, minibar and other sundries.
- All alcoholic beverages and all personal beverages other than those included at group meals and in vehicle.
- Drukair flight ticket
- International air to/ from
- Trip cancellation and baggage insurance
- Tips and gratuities to the local staffs
- Travel and medical insurance.
- Excess baggage fees

Day 1 -PARO – THIMPHU

Meals Provided: B(aloft) L D

Fly into Paro on our national carrier Druk air. In clear weather magnificent views of the world's highest peaks give way to the lush green Paro valley as you land. The first gift from Bhutan will be the cool, clean fresh air as you step out of the plane – a befitting introduction to the spectacular beauty of Bhutan. Upon arrival visit to Museum and Paro Dzong. After that proceed to Thimphu - A 45 min drive brings one to Thimphu, the modern capital of Bhutan, made up of just three main streets. It is the only capital in the world without traffic lights;

check in Thimphu.

Day 2 THIMPHU – WANGDUE

Meals Provided: B L D

We will first visit the National Memorial Chorten which was built in honour of the late King Jigme Dorji Wangchuk and Changangkha Lhakhang which is an old fortress like temple and mostic school perched on a ridge above Thimphu, south-east of Motithang. It was established in the 12th century on a site choose by Lama Phajo Drukgom Shigpo, who came from Ralung in Tibet. The central statue is Chenresig in an 11-headed manifestation, and the books in the temple are larger in size than usual Tibetan texts. There is an excellent view of Thimphu from the courtyard. After lunch drive to Wangdue via Dochhula Pass. Dochula Pass at 3,050m offers a panoramic view of the Himalayan mountain ranges if the weather if clear, about an hour into our journey. This beautiful pass with its 108 Bhutanese Stupas is the memorial site of fallen Bhutanese soldiers in the 1990s.

Overnight in Wangdue.

Day 3 WANGDUE – BUMTHANG

Meals Provided: B L D

After breakfast, we drive to Bumthang via Trongsa, visit to the Trongsa Dzong, the ancestral home of the ruling dynasty. En route to Bumthang is Pelela pass with its alpine environment of rhododendrons and dwarf bamboo. This pass is traditionally considered the boundary between West and East Bhutan. After the pass, we will reach Bumthang Valley, also known as the "Switzerland of Asia" for its tranquil serenity. Welcome to Bumthang, a massive valley of apple trees. Crunch on one of these freshly plucked apples to savour the amazing taste of authentic alpine apples, dense and juicy. Overnight in Bumthang.

Day 4 BUMTHANG

Meals Provided: B L D

Bumthang the valley of monasteries, this is one of the most spectacular valleys in Bhutan and also the heartland of Buddhism in Bhutan. It is an area with a wide variety of fauna and flora. The Guru Rinpoche and his lineage of Tertons (Treasure finders) making Bumthang his home have led to more than 40 temples being built in this peaceful valley.

In the morning, we visit Kurje Lhakhang, one of the most sacred monasteries in Bhutan. Built by the Guru Rinpoche in 1652, it houses a rock with his body imprint; Legend has it that Guru Rinpoche manifested as Garuda to defeat the demon Sheliging Karpo who had taken the form of a white lion. We will also visit Jambay Lhakhang, built in 659 by Tibetan King Sontsen Gampo to pin down a demons who was obstructing the spread of Buddhism. Come October, the Jambay Lhakhang Drup is one of the most colourful festivals in Bhutan. In the afternoon, we visit to Jakar Dzong, It was founded by the great grandfather of Shabdrung. The Dzong was initially built as a Monastery in 1549 but was upgraded after Shabdrung had firmly established his power in 1646. The Dzong is now as the administration centre for Bumthang valley. Visit Mebhar pema Tso at Tang.

Overnight in Bumthang.

Day 5 **BUMTHANG – WANGDUE**

Meals Provided: B L D

After breakfast, we drive back to Wangdue. Lunch at Chendebji restaurant. On the way, visit Phobjikha valley popularly known as Crane Valley. In the winter black necked cranes migrate from Tibet to avoid extreme cold weather. Also visit Gangtey Monastery built in 1613 by Trulku Pema Thinley.

Overnight in Wangdue.

Day 6 WANGDUE – PUNAKHA – PARO

Meals Provided: B L D

Wake up to the sounds of nature in the morning, enjoy the fresh air of a valley where time stands still as you mediate on the goodness of the world. We relive the sights and sounds of the Wangdue and return to Punakha-the ancient capital of Bhutan. Count the number of Prayer Wheels; be amazed by the sheer number! Prayer wheels are powered by water to keep the wheel in perpetual motion, in constant supplication and prayer. This helps to keep the valley of Bhutan happy and safe. A short drive will bring us to the magnificent Punakha Dzong, the winter seat of the Je Khenpo and the Monk Body, remarkably located between the rivers of the Mo (Female) Chu and Pho (Male) Chu. Slightly north of the Punakha valley is the Khamsum Yuele Chorten. The 45 minute trek up to the stupa, a small is a good light exercise, coupled with the freshest air. After lunch drive back to Paro.

Overnight in Paro.

Day 7 PARO

Meals Provided: B L D

A morning drive, north of Paro for the hike to the Taktsang monastery, the 1.5 hour hike to the cafeteria is also a vantage view whereby you can enjoy the stunning view of the

monastery. Prayer flags adorn the cliffs and this is also where Guru Padmasambhava landed on the back of a tigress in the 8th century. Special lunch will be arranged. After a sumptuous local lunch, drive toward the ruins of Drukgyel Dzong, Built in 1647 by the great Zhabdrung Ngawang Namgyal, father and unifier of medieval Bhutan, the Dzong was destroyed by and accidental fire and left in ruins as an evocative reminder of the great victories it was built to commemorate. On the way back we will retrace our steps to visit Kyichu Lhakhang, one of the oldest temples in Bhutan. The evening ends with a walk through Paro's main shopping district. Overnight in Paro.

Day 8DepartureMeals Provided: B

TASHI DELEK(GOOD LUCK)

FOR ENQUIRY OR BOOKING, PLEASE CONTACT

NANYANG TOURS & TRAVEL SDN BHD

T:+603 42784952

F:+603 42784243

E : enquiry@nanyangtours.com